



Veronica Clanton-Higgins, MSW

America's #1 Transformative Emotional Healer™

Socio-Emotional Wellness Expert

Mental Health Consultant

Life & Sexuality Coach



www.prosperwithvch.com

"Veronica is a smart, energetic and caring person who is an inspiration to so many as she openly shares her touching story as well as her vast understanding of human behavior. She is an awesome presenter and brings a positive energy that is empowering and contagious! "

*-Angie D.H.,
Long Beach Health Dept.*



Instagram

[@prosper_vch](https://www.instagram.com/prosper_vch)



LinkedIn

[@veronicaclantonhiggins](https://www.linkedin.com/company/veronicaclantonhiggins)



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[@vchprosperityconsulting](https://www.facebook.com/vchprosperityconsulting)

Speaking Topics

Safe Spaces for All

Interactive, thought provoking, culturally competent workshop that will focus on providing individuals with tips on how to practice inclusion in the workplace, while learning to navigate personal bias.

Divine Femininity

Divine femininity is a subtle discussion about the essence of female sexuality. Focus is given to how social constructs create paradigms that often restrict, as well as inhibit, women from connecting to their sexual self in a positive way.

Is Your Cup Empty?

Self Care is critical. How are you taking care of YOU? If you aren't taking care of yourself how can you take care of others? "Is Your Cup Empty?" explores what self care looks like and provides strategies to begin the habit of filling up your cup.

Meet Veronica!

Veronica Clanton-Higgins is a Psychotherapist, Author, Certified Life & Sexuality Coach. A native of Compton, CA, she is known for her community advocacy and activism, including addressing the disparities in mental health care for black and brown communities. Veronica founded VCH Prosperity Consulting to address the unmet socio-emotional wellness needs of her community. Veronica's goal is to ensure that people are provided the tools necessary to navigate the complexities of life, whether at home, in the community, or in the workplace.

Veronica most recently established the Compton Wellness Collective (CWC) in order to increase the amount of people that she was able to provide socio-emotional wellness services to. She recognized that living in a pandemic was having a profound impact on community residents. It is important to Veronica that culturally appropriate services are provided by individuals from the community. Veronica is a Registered Associate Clinical Social Work, providing clinical services as a therapist for Chapman University. Earning her Masters in Social Work from the University of Southern California, she is currently completing her PhD in Clinical Sexology. Trained in various modalities, Veronica uses an eclectic approach to clinical care which includes mindfulness-based therapy, cognitive behavioral therapy, and trauma focused interventions. As a certified life and sexuality coach, Veronica uses her skills to help clients with improving self-care, increasing self-esteem, and setting appropriate boundaries. Veronica created TEDxComptonBlvd and the Intentional Healing Podcast to amplify the voices of Compton folk in order to change the narrative of how people view Compton residents. Veronica is dedicated to improving the mental health and socio-emotional wellness of her community, and utilizes all of her skills to do so.

Connect with VCH!



Keynote Speaker

Energetic and professional speaker able to deliver a message that reflects the theme of your event.

Facilitator

Professional Development and workshop facilitator with expertise in providing your staff or community with skills to improve socio-emotional wellness

Panelist

Engaging panelist who has knowledge regarding mental health, socio-emotional wellness, female empowerment, and a variety of wellness centered topics.